

## HIGH SOBRIETY STARK JILL%0A

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## HIGH SOBRIETY - Jill Stark

Jill's first book, *High Sobriety: My Year Without Booze*, is a best-selling memoir exploring Australia and Scotland's binge-drinking culture, set against the backdrop of her own tumultuous relationship with alcohol.

*High Sobriety: my year without booze* by Jill Stark - Goodreads

High Sobriety book. Read 97 reviews from the world's largest community for readers. I'm the binge-drinking health reporter. During the week, I write abo

*The truth about alcohol: Jill Stark's High Sobriety ...*

Minutes after finishing *High Sobriety* Jill Stark's memoir about her year without alcohol I attended a birthday party for a bar. I literally put the book down, got dressed up and ran out the door to celebrate the liquor loving life.

*High Sobriety: My Year Without Booze* by Jill Stark (2013) ...

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*High Sobriety Audiobook* by Jill Stark

Born and raised in Scotland, the home of whiskey, Jill Stark had booze in the blood. Alcohol had dominated her social life ever since she had her first sip of lager, at 13. She thought nothing.

*High Sobriety: my year without booze eBook*: Jill Stark ...

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**Lunchbox/Soapbox: Jill Stark on *High Sobriety: My Year Without Booze***

Jill Stark, a *Sunday Age* writer specialising in alcohol and public health issues, came to write her first book, *High Sobriety*, after one big night too many.

**About - Jill Stark**

Jill Stark is an award-winning journalist, author, media strategist and natural-born storyteller. With a passion for equality, social justice and mental health, Jill is fascinated by the complexity of the human experience and has a unique ability to bring the issues that matter to life.

**High sobriety - The Sydney Morning Herald**

High sobriety With an aching head and a sense of trepidation, Jill Stark decided to give up drinking for 12 weeks. The last thing she expected was to enjoy it.

**Review: High Sobriety by Jill Stark Readings.com.au**  
Some Melbournians might remember The Age article back in 2011 that sparked this book. Health reporter Jill Stark shared her experiences of giving up alcohol for three months as part of the Hello Sunday Morning initiative.

**High Sobriety : Jill Stark : 9781922247032 - Book Depository**

High Sobriety by Jill Stark, 9781922247032, available at Book Depository with free delivery worldwide.

**High Sobriety by Jill Stark - Read Online - Scribd**

high sobriety Jill Stark is a senior writer with The Sunday Age . She joined The Age in 2006, where she has predominantly covered health, specialising in alcohol and drug issues, mental health, and public-health policy.

**High Sobriety | Book | Scribe Publications**

Jill Stark She spent ten years on staff at The Age covering health and social affairs as a senior writer and columnist, and now works as a freelance journalist, media consultant, and speech writer. Her first book, High Sobriety , was longlisted for the Walkley Book Award and shortlisted in the Kibble Literary Awards.

**The Weekend Australian book review: 'High Sobriety' by ...**

The result is High Sobriety, her first book. As the subtitle indicates, this is an account of Stark's sober 2011, one month per chapter. It's part memoir, part sociological examination of our national drinking habits, and both aspects work well.