

HOW EVERYONE BECAME DEPRESSED SHORTER EDWARD%0A

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The book makes an immediate contribution to the debate about DSM5, which is scheduled to be published in May 2013 just as Shorter's book is launched: Shorter proposes replacing the diagnosis of "major depression" with "melancholia" and "nonmelancholia"; he argues that depression and anxiety

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[How Everyone Became Depressed: The Rise and Fall of the Nervous Breakdown User Review - E. James Lieberman - Book Verdict](#). In this harsh but constructive critique of American psychiatry, Shorter (history, Univ. of Toronto; History of Psychiatry: Before Prozac) addresses the blanket term "nervous disorders," which can
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In the mental health field, blanket diagnoses have become the norm and everyone is depressed. Prescribing antidepressants has become a catch-all when its not for certain the client/patient/consumer is actually depressed. Its gotten to the point where people will self-diagnose themselves as being depressed when suffering from melancholia. Dr. Shorter gets to the crux of the matter, explaining
[How Everyone Became Depressed | Psychology Today](#)
[How Everyone Became Depressed The rise and fall of the nervous breakdown Edward Shorter, Ph.D., is the Jason A. Hannah Professor in the History of Medicine at the University of Toronto.](#)

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[How Everyone Became Depressed The Rise and Fall of the Nervous Breakdown Edward Shorter](#). The book makes a major practical contribution to the debate about DSM5, drawing upon history in order to determine which diagnoses have rock-solid credibility and which appear more fads and fancies.

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In *How Everyone Became Depressed*, Edward Shorter, a

distinguished professor of psychiatry and the history of medicine argues for a return to the old-fashioned concept of nervous illness. These are, he writes, diseases of the entire body, not the mind, and as was recognized as early as the 1600s. Shorter traces the evolution of the concept of "nerves" and the "nervous breakdown" in western

How Everyone Became Depressed | Edward Shorter ...

How did everyone become depressed? A well-known historian, Shorter describes how in the 19th century patients with those symptoms were considered "nervous," and when they lost control it was a "nervous breakdown." Then psychiatry turned its back on the whole concept of nerves, and - first under the influence of Freud's psychoanalysis and then the influence of the pharmaceutical industry - the

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Edward Shorter How Everyone Became Depressed The Rise and Fall of the Nervous Breakdown. PDF-ebook in english (with Adobe DRM) About one American in five receives a diagnosis of major depression over the course of a lifetime. That's despite the fact that many such patients have no mood disorder; they're not sad, but 32.59 USD. TODAY 15%

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"There is a term for what they have," writes Edward Shorter, "and it's a good old-fashioned term that has gone out of use. They have nerves." In *They have nerves.* In *How Everyone Became Depressed*, Edward Shorter, a distinguished professor of psychiatry and the history of medicine argues for a return to the old-fashioned concept of nervous illness.

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This book argues that psychiatry's love affair with the diagnosis of depression has become a death grip. Depression is a real illness, especially in its melancholic form. But most patients who get the diagnosis of 'depression' are also anxious, fatigued, unable to sleep, have all kinds of physical symptoms, and tend to obsess about the whole thing.

How Everyone Became Depressed: The Rise and Fall of the ...

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entire body, not the mind, and as was recognized as early as the 1600s. Shorter traces the evolution of the concept of "nerves" and the "nervous breakdown" in western

Edward Shorter | Department of History

Since 1991 Shorter's primary appointment has been in the Faculty of Medicine, where he holds the Jason A. Hannah Chair in the History of Medicine. Since then he has emerged as an internationally recognized historian of psychiatry and the author of numerous books on the evolution of the discipline, including *A History of Psychiatry* (1997); *Before Prozac* (2009); and *How Everyone Became*

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