

## THE 7 A MEAL QUICK AND EASY COOKBOOK IRBY CHEF SUSAN%0A

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The \$7 a Meal Healthy Cookbook: 301 Nutritious,

**Delicious ...**

The Bikini Chef, Susan Irby, has just published another \$7 a Meal cookbook. The \$7 a Meal Healthy Cookbook (Adams Media) features over 300 nutritious, healthy recipes that you and your family will love. Irby is a cheffebriety who has cooked with the likes of Todd English and Robert Irvine and for the likes of Patrick Swayze, Baby Face Edmonds and Katey Segal. In this 332 page guide she teaches

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**Delicious ...**

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**Delicious Meals ...**

Take Chef Susan Irby (the Bikini Chef) for instance who has just published her new The \$7 a Meal Quick & Easy Cookbook (Adams Media). Irby is a cheffebriety who has cooked with the likes of Todd English and Ming Tsai and for the likes of Patrick Swayze, David Spade and Kate Segal. But in this 332 page guide she teaches you how to cook like a celebrity chef without blowing your fiscal or time.

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